



## Triangle Community Resources

# The Rise Up Program

### **Reaching Independence Through Employment (RITE)**

A flexible, holistic employment program providing participants the skills, training, experience, and confidence to secure and sustain meaningful employment. This program provides a safe, supportive learning environment for survivors of violence and/or abuse at no cost to the participant.

#### What this Program offers You:

- Individualized employment counselling
- 3-week group-based workshop series
- Support accessing community and/or Government services
- Life, employability, and skills for success training
- Vocational assessments and career coaching
- Up to 8 sessions of counselling with a Registered Clinical Counsellor or Psychologist
- Funding for occupational skills training, certificates and/or short duration training
- Work experience opportunities
- Job search and job retention assistance
- Supports for transportation
- Job start supports such as work wear and/or tools
- Completion bonus

#### Who is Eligible?

- ✓ Unemployed or precariously employed individuals living in British Columbia
- ✓ Individuals who are facing barriers to employment
- ✓ Identify as a survivor of violence and/or abuse

#### For more information or to register email: info@triangleresources.com or visit: www.triangleresources.com

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Maple Ridge: 101 – 22575 Lougheed Hwy, Maple Ridge | 604-476-1202

Chilliwack: 2 – 45668 Storev Ave. Chilliwack | 604-792-8000





Funding provided by the Government of Canada through the Canada-British Columbia Workforce Development Agreement.